

FOOTHILL LIONS CLUB



BULLETIN EDITOR: LION SUSIE TRUNDY

PUBLICATION—MAY 2013



Meetings—1st & 3rd Thurs of Every Month—7 pm

Foothill Lions Community Center
5667 Fruitland Rd, Loma Rica, Ca 95901

(530) 742-LION

District 4-C1, So Butte Region, North Zone

Happy Mother's Day

Our very elegant Mother's Day Brunch, May 12th, is just around the corner. The tickets are only \$25/per and will be one of the most delightful events at the Lions Club you will ever attend. If you would like a reserved seat please contact Lions Jean Marie or Linda to get on the "list". The hall transformation is amazing and hard to believe. If you would like to treat "Mom" to something different and special this is for you, or for your kids to treat you. The menu is 5-star and prepared by your favorite cooks; omelets, eggs Benedict, ham, sausage, bacon, waffles, biscuits/gravy, hash browns, and tons of desserts, topped off by champagne and you will be attended to by your "handsome serving men". You won't want to miss it.

April 4, 2013 General Meeting Minutes

Meeting called to order by Lion President Roberta @ 7:02pm, flag salute led by Lion J, song led by Lion Roberta & prayer by Lion Roberta. Special prayers go out to Lion Sheri for her dad, Lion Peggy for Lion Jerry, Lion Linda **cos she's "evil" & Lion Susie cos** Lion Jeff is now home 24/7. 33 members & 1 guest present. Introduction of guest.

Dinner served, thank you to the **Lioness' for a wonderful chicken** dinner. Lion Carlos helping the Lionesses as the 4H are on spring break.

MSP to accept the Treasurer's report as published in the bulletin. **MSP to accept the Secretary's reports as published in the** bulletin

Old Business:

Lion Joni thanked all for stuffing eggs & helping @ the Easter Egg Hunt. Had about 50 kids. Lion Susie stated that the kids were ever so polite & Lion Jeff only found 4 eggs when mowing. Lion Kim's boyfriend-in-law was the best Easter Bunny yet.

New Business:

Lion Mike advised that the Veteran's Spaghetti/Ravioli Fund Raiser has been changed to 4/18 due to a conflict, from 5-8pm. The 4H is having a chili dog/nacho's dinner on 4/8 @ 6pm. Lion Paul will be spiking his hair. Dave & Ann will be doing beef stew on 4/15 with the monies going to the Veterans 4th of July event.

Lion Jean Marie reminded all that the Grange Fund Raiser is this Saturday; 4/6, from 5-7pm. Chuck Wagon Brisket, beans, cole slaw, Texas toast & handmade pies. \$10. Provides dictionaries to all 3rd graders in the school district.

Lion Joni advised that the History Book meetings are on 4/9 & maybe 4/16...hopefully will be done on the 9th.

Lion Sheri - Wore the look for **the "Pitt Crew" @ convention; T** shirts \$10 & hats \$15. MSP that the T shirts can be worn @ all events without a fine except the Governor's visit.

Lion Susie thanked Lions Jeff, Gary, John S., John D. & Darrell for all their yard work.

Lion Jean Marie thanked all for

her mother's care & flowers.

Lion Roberta - due to all that is going on the Birthday dinner will be postponed to May & both months will be celebrated then. Received a thank you note from Lion Marilyn Moody for the flowers. Received a thank you note for the donation of the hall for the TriTip dinner for the Washington D.C. Trip. Has tickets for the convention raffle; \$1 a piece. Lion Sheri won last year. Reminder that voting is next meeting. Lion Susie reminded all to think about Lion of the Year. Lion Roberta to decide if only 1 or 2 (male & female) Having a quick board meeting after the General Meeting.

50/50 \$41.00 - Lion Roberta.
Tail Twister \$31.00 CCI
\$12.60

MSP to adjourn meeting. Meeting adjourned at 8:05pm

Board Meeting called to order @ 8:15. MSP to pay for T shirts & Hats \$627 & thanks to Lion Sheri for taking care of. Meeting adjourned @ 8:20.

Minutes submitted by Secretary Lion Colleen

April 18, 2013 General Meeting Minutes

Meeting called to order by Lion President Roberta @ 7pm, flag salute led by Lion Sally & prayer by Lion Diane. 38 members & 4 guests present.

Introduction of guests. Dinner **served, thank you to the Lioness'**

for a wonderful porcupine meatball dinner.

Old Business

Lion Roberta - Convention is a week from Friday. Still has raffle tickets \$1 a piece/.25 goes to us for each ticket. If purchase @ the convention make sure to state with our club so we get

credit. Lion Sheri stated T shirts \$10 & Hats \$15; can order more of each.

New Business

Lion Roberta - Elections - Board, Officers & Lion of the Year which is 1 person who has excelled throughout the year.

(Continued on Next Page)

Lions Peggy & Darrell to tally & Lion Gary to witness. Has a thank you note from Marysville High for Grad nite & all of Lion Gertie's help. Also from Christina who won the region Student Speaker Contest for the \$150. Lion Colleen - Have switched to Herger Propane. Offering .90 off the market price to the club; all Lion members that switch to them-free tank rental the 1st year, free set up, & .45 off market. Contact Jeff @ 713 3380 to arrange. They have a budget payment plan & automatic check for propane.

Lion Cindi - Veteran's Fund Raiser dinner is tomorrow nite @ 5pm. Recology has donated most of the food. Lions Linda & Jean Marie taking care of the salad.

Lion John N. stated that the signs look great. Big thank you to Ann Baker for the signs & Dave & Ann for all they do.

Lion Linda -The Ladies of the club are presenting Mother's Day Brunch on May 12th 10:30-1pm & have the most attractive Male Waiting Staff. Have 20 reserved so far & no children.

Lion Mike-Carol's fund raiser is

Saturday nite-has raised \$3,100 so far for St. Baldrick's Cancer Research for Children. It's at Rivers Edge; pool tournament @ 7pm. She is donating her hair to **"Locks for Love"**

Lion Linda - Set up is 4ish on Friday for the Food Faire @ convention. Lion Roberta has our club's donated raffle prize. Lion Janet to sew on a few badges & ribbons & then the flags can be taken.

Lion John N. - Has a 8' 6 lane Hot Wheels racing track; \$1 if you own your hotwheels/\$3 if you buy 1 & has a Nascar sprint car that will be there @ the Food Faire. Sutter is having a Nascar as part of their booth. Saturday nite is a Road Rally/Scavenger Hunt with 40 things to find, so please bring your camera or smartphone. Lion Paul reminded all that Lion John is the District Chair for convention. Lion Roberta stated that it is a lot of fun with lots of things to do. Lion Joni advised that a practice set up of our Food booth is Wednesday nite @ 6pm.

Lion June reminded all about the Shares cards & CCI. Lion Colleen

advised that you can use these out of the area so make sure friends have.

Lion Colleen announced the elected officials & board members. Lion of the Year is a secret.

Lion Susie has a senior bus pass for \$5 with Yuba Sutter. Tuesday the 4H offered to plant annuals, replace the broken whiskey barrel & plant 3 Redwood Trees. Lion Mary wanted to know if we could plant trees @ the back of the horseshoe pitt - no available water @ this time.

Lion Susie - the History book will be available for all to see after convention & a big thank to Lion Jane as she did 80% of the work. Lion Roberta - Quick Board meeting after the General Meeting.

50/50 \$58.00— Lion Patrick Tail Twister \$ CCI \$15.00 MSP to adjourn meeting. Meeting adjourned at 8:20pm

Board meeting called to order @ 8:30. MSP to cancel Thursday's board meeting this month due to convention. Adjourned @ 8:35. Minutes submitted by Secretary Lion Colleen

Hi All:

In the past, our club has advanced dues to International & the District when they are due whether we have collected the monies or not. Since I have taken the Secretary position on, we have advanced monies for 8 persons that I have been unable to collect from; \$240 so far. The board has reached a painful but

realistic decision. As of 7/1; we are no longer advancing monies. Your dues are due by the 30th of the month - July 30th. If not received by then, we will have to suspend your membership. We have the ability to reinstate you once your dues are received up to 6 months from 7/1. We hate to take this step, but our Administrative monies are the hardest

for us to earn as a club. Most of our activities are Community monies which cannot be used for any of the club's expenses. The invoice will be in the June bulletin. Please check your membership card to see your current expiration date. Again, we hated to take this step and thank you for your understanding.

Lion Colleen Kelly/Secretary

what happened in april?

WERE YOU @ CONVENTION??

Can't believe they had "real" cars at the Food Fair; but, we had "real" ingenuity and by far the best looking booth, even tho we didn't win a prize. Huge

thanks to Lions Berl and Jeff for all their work on the backdrop, Lion Jeff for seeing that it all got put together, and Lion Marilyn for helping us look good **with all her "stuff"**. Lions Janet, Kim, and Linda did an outstanding job on the checker board cheese-

cake, it was so yummy and everyone did rave about it, coming back for 2nds



and 3rds. Thanks to Lion Joni for making sure everything got done and got to where it was suppose to go. What can I say about the History Book and Bulletin, Yes, Yes, we did it again, took 2nd for our History Book (really should have been 1st) and



1st for the Bulletin.



Our Club was #2 in the Region. Food Fair was a kick, Student Speaker contest was very good, the food at the Banquet this year was excellent, gambling **wasn't so hot for some of us**, but it was really a great weekend. Our Club was represented

by 13 members, so think about going next year so we can make a bigger splash.

EARTH DAY RECOGNIZED

The garden group from the Browns Valley 4-H Club planted flowers, replaced the broken whiskey barrel, planted (2) Calif Blue Spruce and (1) Calif Redwood as a community project all in recognition of Earth Day (no cost to us). They did an awesome job on flowers in front of handicap parking and the evergreen trees are in the front row of the field next to the road and will take a few **years, but before you know it they'll be beautiful too.**

Thanks to leaders Alaine and Wyatt and the worker bees Lindsey and Jennifer. Their Club as a whole will be clearing out all the weeds



in the playground in the next couple weeks. If you see these kids



around or at the crab feeds (they do all the serving too), please give **them a "thank you"**, they are all a real credit to our community.



THIS & THAT

NOT ALL THIEVES ARE STUPID!!

A couple left their car in the long-term parking at the airport while on vacation, and someone broke into their car. Using the information on the car's registration in the glove compartment, they drove to the people's home and robbed it. So, if you plan to leave your car in long-term parking, you probably should not leave the registration, insurance cards and remote garage opener in it.

This gives us all something to think about.

Three Ways to get Happy

Revel in Smells—Scented candles or less expensive is just plain "fresh laundry"

Say Hello—Exchanging simple greetings with those you love can change the atmosphere in your home.

Suffer for 15 Minutes a Day—Something you don't like or want to do? Tackle a little bit at a time, the results can produce lasting relief.

A few Hints to Keep Weight Down

Have breakfast every day—Drink more water—Eat more fish—Embrace whole grains—Eat lots and lots of fresh fruits and veggies—Use low-fat dairy foods—Be wary of "diet" foods—Don't eat out for 2 weeks—Snack often—Chew gum—Read food labels.

MONTHLY TREASURER REPORT

APRIL:

Variable Expenditures:

Convention (Officers)—\$450

Memorial Ad 4C1—\$100

Donations—\$150

Sunshine Exp—\$81

Unrestricted Income:

Membership Dues—\$285

Hall Rental—\$50

Bar Profit—\$213

Admin Acct Balance—\$523.23

Community Acct Balance—\$4,409.12

Did you ever wonder how much it costs a drug company for the active ingredient in prescription medications? Some people think it must cost a lot, since many drugs sell for more than \$2.00 per tablet. Costco did a search of offshore chemical synthesizers that supply the active ingredients found in drugs approved by the FDA. As they have revealed in past issues of Life Extension a significant percentage of drugs sold in the United States contain active ingredients made in other countries. In their independent investigation of how much profit drug companies really make, they obtained the actual price of active ingredients used in some of the most popular drugs sold in America .

Celebrex:100 mg

Consumer price (100 tablets): \$130.27

Cost of general active ingredients: \$0.60

Percent markup: 21,712%

Claritin:10 mg

Consumer Price (100 tablets): \$215.17

Cost of general active ingredients: \$0.71

Percent markup: 30,306%

Lipitor:20 mg

Consumer Price (100 tablets): \$272.37

Cost of general active ingredients: \$5.80

Percent markup: 4,696%

Paxil:20 mg

Consumer price (100 tablets): \$220.27

Cost of general active ingredients: \$7.60

Percent markup: 2,898%

Prilosec: 20 mg

Consumer price (100 tablets): \$360.97

Cost of general active ingredients \$0.52

Percent markup: 69,417%

Xanax:1 mg

Consumer price (100 tablets) : \$136.79

Cost of general active ingredients: \$0.024

Percent markup: 569,958%

Zoloft:50 mg

Consumer price: \$206.87

Cost of general active ingredients: \$1..75

Percent markup: 11,821%

These are only a few examples and it pays to shop around. Steve Wilson, an investigative reporter for Channel 7 News in Detroit , did a story on generic drug price gouging by pharmacies. He found in his investigation that some of these generic drugs were marked up as much as 3,000% or more. So often we blame the drug companies for the high cost of drugs, and usually rightfully so. But in this case, the fault clearly lies with the pharmacies themselves.

At the end of the report, one of the anchors asked Mr. Wilson whether or not there were any pharmacies that did not adhere to this practice, and he said that Costco consistently charged little over their cost for the generic drugs.

GRAND TV PERSONALITY EXIT

Name the TV personality this sign-off came from? **"And that's the way it is"**

ANSWER on Page 8

May Birthdays

Birthstone—Emerald
Flower—Lily of the Valley

- | | |
|-----------------|-------------------|
| Donna Babao | Steve Ball |
| Korin Berryhill | Pat Johnson |
| Janet Mincer | John Mistler |
| Chuck Montaudon | Rex Patterson |
| Jerry Sparks | Lois Walters |
| Gary Williamson | Robert Winchester |

Also, celebrating April Birthday Babies

BIRTHDAY DINNER/ 30th ANNIVERSARY PARTY

Cook Your Own Rib-Eye Steaks
May 31st @ 7 pm

Please RSVP by May 21st to
Lions Susie or Joni
So we can order the steaks

SUNSHINE REPORT

LION DIANA WHEELER — is your
Sunshine Reporter—Please get all your
input to her - 741-1502

Wish Lion Rodger Cox a speedy recovery, he
**took a "trip" on his trip to Mexico (didn't
make it)** and broke his wrist. Not his drink-
ing hand thank goodness. Get well soon.

Please keep **Lion Shari McKim's** family
(sister and niece) in your prayers, they were
in a very bad car accident and need lots of
medical treatment.

Lion Colleen joined, Carol Beason, by donat-
ing a 17" braid to the "Locks for Love" cam-
paign, and it looks great on her.

Words from your President:

Hi Fellow Lions:

April showers...not much! Quick
change to hot! The month of May is
upon us...gardens sprouting and flow-
ers blooming all around us,
georgeous! Our month started
off with a great

"Chuckwagon Dinner" prepared and served by our commu-
nity Grange—delicious !!Our local 4H Club met and han-
dled "spiking and coloring" Lion Paul's hair—great support
for the youth Lion Paul.

Our April birthday dinner was delayed; joint birthday
planned for May and April next month—we did not forget
those birthday Lions!

The Veterans BBQ fundraiser was a great success—boy
that spaghetti and raviolis were scrumptious and great
raffles—good outreach for the community!

Our general meetings were fun, informative and we Li-
ons got those elections handled for our 2013-2014 year
which will soon be upon us!

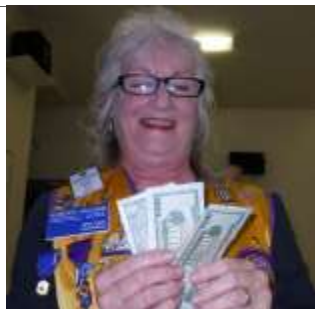
Lots of work in preparing for our annual District Con-
vention at Rolling Hills. I do not know where to begin to
thank every Foothill Lion who was a part of this—you all
deserve a "pat" on the back for working together and
"getting it done". We had such a great turnout at the
convention, the food fair (our booth rocked and the
checkered cheesecake melted in your mouth), the Lion
Dignitaries presentations, meetings, the student speaker
contest, the fellowship with Lions from our District, the
hospitality get-to-gathers, the hotwheel car races, the
great ladies fashion show, the scavenger hunt...whew... I
cannot name it all!! As far as I am concerned, our Club
won in all categories (reflection of our hard work all
year!) Our gorgeous scrapbook (which was talked about
by everyone who was able to view it), our fabulous bulle-
tin which placed at the very top, our Lions winning 1st
and 2nd in the scavenger hunt, and the "modified" hot-
wheel cars. All I can say is... Again my personal thank you
to all who prepared and attended this yearly event...be
proud as I am of you fellow Foothill Lions...cause WE



This Month's Message is:

You can't turn back the clock, but you can wind it up again.

Think maybe some of this luck would rub off on me, but NO. Lion Roberta took home the 50-50 for \$42.00 from the 1st meeting in April. **And, she's setting right** next to me, go figure.



FROM THE EDITOR:

Another annual convention behind us and we did good. Very proud that your bulletin took 1st again in our District.



What happened to spring? It must **have snuck in during the night and left summer in it's wake. Not sure I'm ready for "hot" yet, but my yard is** loving it, Jeff not so much having to mow almost twice a week. Those wicked rattle snakes are also waking up and laying under the bushes waiting for you so make sure you keep your eyes and ears open.

Would anyone like a darling fox terrier puppy **(probably mix)? My sister's adopted dog, supposedly** spayed, had a litter of (8), they are darling and wonderful small companions.

My final bulletin is drawing near, one more to go. If you would like to publish anything special in my last edition, please send it in to me.

Send all letters, questions, or thoughts to strundy@syix.com, PO Box 8147, Marysville, or call 742-3041

Cut-Off for Bulletin publications is by the 25th of the Month

LION SUSIE TRUNDY, Editor



This is a new face, and money will come in handy for that little one expected in a few months. Congrats to Lion Patrick, **winning the "big" 50-50** for \$58.00. Yahoo !!

Speaking of "little ones", we are hosting a baby shower for Lissa on Sunday, June 2nd from 2 to 4 pm at the Club and all you Lion Ladies are invited. She is registered @ Target (Lissa Brown) and is having a baby **girl "Abby Mae", who already is loving Pink Camo.** We will have a money tree so Lissa can purchase a big item of her choice or those little cutesy things are always great. This is kinda a first having a party for a baby so hope you can all attend and if you would like to, bring a **"finger food". The bar** will be open.



Our friend, Carol Beason collected approximately \$4,000 in donations for St. Baldrick's Cancer Research for Children and shaved her whole head, letting those beautiful eyes and dimples shine through. Kudos to you for this wonderful deed.

ANSWER to quiz on page 6 (Did you get it?)
Walter Cronkite

Your 2013-14 Board of Directors are as follows:

President - Kim Hall	Tail Twister—Sheri Vess	1 Yr Director: (2)
1st Vice—Mary Burnett	Lion Tamer—Sierra Kanawyer	Joni Patterson
2nd Vice—Gary Simkins	Membership Chair—Paul Halcomb	Janet Mincer
3rd Vice—Gerry Farrell	Club Manager—Gertie Moore	
Secretary—Linda Saala	Bar Manager—Mike Fitzgerald	2 Yr—Director: (2)
Treasurer—Colleen Kelly	Grounds Keeper—Gary Simkins	Susie Trundy
I PP—Roberta Halcomb	(Not a Board Position)	Jean Marie Akers

LAUGH LINE—

A man and woman were lying in bed snuggling and discussing the day. The husband said, "I'm going to make you the happiest woman in the world."

The wife replied, "I'm going to miss you."

May 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1  <i>May Day</i> Sally	2 General Mtg 7 pm Jeff/Susie	3 Carlos/Mary	4 <i>Star Wars Day</i>
5 <i>Pool Tournament—1 pm Cinco de Mayo Day</i>	6 <i>Nurses Day</i> Mike	7 <i>Lioness Mtg WHGD-6 pm</i> Gary W.	8 <i>No Socks Day</i> Joni	9 <i>Cemetery Mtg-7 pm</i> Jean Marie	10 Toby	11 <i>Set-Up for Mother's Day</i>
12 <i>Mother's Day Brunch 10-am</i>	13 Mike	14 <i>WHGD- 6 pm</i> Linda	15  <i>Chocolate Chip Day</i> Sally	16 General Mtg 7 pm Jeff/Susie	17 <i>Pack Rat Day</i> Carlos/Mary	18 <i>Armed Forces Day</i>
19 <i>Lioness Breakfast 8- 10:30 am Pool Tourni</i>	20 Mike	21 <i>Lioness Mtg WHGD-6 pm</i> Linda	22 Joni	23 <i>Board Mtg-6 pm</i> Jean Marie	24 Toby	25
26	27 <i>Memorial Day Observed</i> Mike	28 Gary W.	29	30 <i>Water A Flower Day</i>	31 <i>Birthday/ Anniversary Party Rib-Eye Steaks</i> Carlos/Mary	

WORTHLESS INFORMATION

If you get into the bottom of a well or a tall chimney and look up, you can see stars, even in the middle of the day. Really, really...





WELCOME NEW LIONS
2012/2013
Rhonda Flores Debbie Sutton
Ralph Farrell Gerry Farrell

Inside this issue:

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UPCOMING EVENTS

May 5—Pool Tournament—1 pm
 May 12—**Mother's Day Brunch**—10 am
 May 19—Pool Tournament—1 pm
 May 27—Memorial Day Observed
 May 31—Birthday & Anniversary Party—7 pm

Chartered 1983
30 Years of Service

President
 Roberta Halcomb
 5430 Virginia Rd
 Loma Rica, Ca
 530 682-7625

Secretary
 Colleen Kelly
 P.O. Box 267
 Brownsville, Ca
 530 675-3690

Treasurer
 Susie Trundy
 11378 Smith Rd
 Loma Rica, Ca
 530 742-3041

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2nd Vice President
 Mary Burnett

3rd Vice President
 Gary Simkins

Tail Twister
 Carlos Quihuis

Lion Tamer
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 Paul Halcomb

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 Peggy Sparks
 Debbie Burlingame

2 Year Directors
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 Linda Saala

Immed Past Pres
 Sheri Vess

Spirit Enhancer
 Mike Fitzgerald

Club Manager
 Gertie Moore

District Governor
 Coy Moody

1st Vice DG
 Maggie Robeson

2nd Vice DG
 Larry Marcum

Region Chairman
 John Newlin

Zone Chairman
 Vacant

CCI Trustee
 June Brown

Hillbilly Express
 If undeliverable please return to:
 Foothill Lions Club
 567 Fruitland Rd.
 Marysville, CA 95901