

District 4-C1
South Butte Region
North Zone



Loma Rica Foothill Lions Club



Roar!

LION'S ROAR Bulletin

Editor: Lion Laurie High

March 2020 Publication

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All In the Family

Two new members were inducted into our Foothill Lions club family in February. Not only are they new members to our Lions family, they were also sponsored by their very own family members!



Pictured from left to right are Lion Julia Olsen, her sponsor (and mom) Lion Sheri, Lion Steve Souza, his sponsor (and daughter), Lion Lissa, and past Governor, Lion Paul Halcomb.

We are so happy you have joined the family and look forward to many years of service working beside you!

**Meetings are held on the 1st and 3rd
Thursday of the month at 7 P.M.**

(Note: Time changes to 6 P.M. beginning in April)

**Loma Rica Foothill Lions Club
Foothill Community Center**

**5667 Fruitland Road
Marysville, CA 95901
(530)742-5466 (LION)**



**OUR MOTTO:
WE SERVE!**



2019-2020 Officers

President

Lion John Newlin (301-5692)
1469 Stetson

Woodland, CA 95766

1st VP

Lion Mary Burnett (692-1030)

2nd VP

Lion Bill High (701-7588)

3rd VP

Lion Paul Halcomb(682-0394)

Secretary

Lion Sally Carter (743-5311)
12286 Scott Grant Road
Marysville, CA 95901

Treasurer

Lion Kim Hall (923-5805)

I.P.P.

Lion Sheri Vess (743-4084)

Tail Twister

Lion Susie Trundy (742-3041)

Lion Tamer

(open)

Membership

Lion Mike Reinoso (301-1276)

Club Manager

Lion Gertie Moore (749-9809)

Bar Manager

Lion Al Beeson (370-3358)

1st Year Directors

Lion Gerry Farrell (692-1507)

Lion Laurie High (701-7589)

2nd Year Directors

Lion Cindi Fitzgerald (632-5655)

Lion Janet Mincer (923-0585)

Board of Directors Nominations 2020 – 2021

Nominations of officers for 2020-2021 will be held at the general meeting on March 19, 2020. Nominations may be made from the floor. Elections will be held on April 2, 2020. All members in good standing are eligible. Feel free to see the bylaws for the official job descriptions for the following positions:

President	Club Manager
1 st Vice	Lion Tamer
2 nd Vice	Tail Twister
3 rd Vice	Secretary
1 st Year Directors	Treasurer
2 nd Year Directors	Bar Manager

The bylaws are posted in the club bar and also published on the website (www.foothill-lions.net). If you have any questions, please feel free to contact the Secretary, Lion Sally Carter at (530) 743-5311 or email at sally.carter1944@sbcglobal.net

Submitted by Lion Sally Carter, Secretary

50-50 Winners

Congratulations to Lion Kim and Lion Bill, our 50-50 winners for the month of February.





Lion Laurie High

Editor's Message

I encourage all members to submit pictures and articles for the Foothill Lions bulletin.

Event Chairpersons—please email articles for your events to me by the 25th of the month.

Let me hear your ROAR!

Contact information...

Email: lauriehigh37@gmail.com

Cell Phone: 701-7589

Treasurer's Report

Unrestricted Income:

Bar Income	\$5706
50/50	\$60
Crab Feed	\$10,625
Hall Rental	\$1330
Member Dues	\$1000



Expenses:

Bar	\$3390
Janitorial Exp.	\$131
Crab Feed	\$5059
Membership Dues	\$1157
Office Supplies	\$42
Repairs/Maint.	\$98
Utilities	\$1414



March

Lion Birthdays



- Joe Cardoza
- Sally Carter
- Roberta Halcomb
- Jerry Harger
- Bill High
- Michael McKim
- Elden Metzner
- Barbara Metzner
- Joni Patterson
- Dolores Simpkins
- Dave Thomas

Please join your Birthday dinner celebration to be held the during the first General Meeting of each month. Birthday dinners for the Birthday Lions will be FREE!



Sunshine Corner

Do you know of any Lions who could use a bit of sunshine?

Please do not hesitate to reach out to our **Sunshine Chairman, Lion Diana Wheeler** at 741-1502. She'd love to hear from you!

President's Message



Our District Lions Convention in Redding is less than two months away.

Have you ever been to a Lions convention?

I can remember the first convention I attended with my old club.

This club was all about "being recognized!" They could be literally, "seen coming".

Everyone wore a bright, red and white striped, Beach Boys-like shirt. Some lions even topped it off with red fedora, some with feathers or bright pins and buttons. Very smart looking!

Though they were a small club, not like ours, they would get everyone's attention by "parade walking" into convention meetings and meals. They would then "take over" two or three, large tables and like the Cheers bar theme, "Everybody knew our name!".

It was always fun!

I'm proud to say that our Foothill Lions are definitely recognizable!

We "stand out" in our community, in our district, and even throughout California.

I was at the Lions park playground the other day with my grandson and was thanked by a mother for what "We Lions" have done in our community. She really appreciated the park and she told me of all the events they had attended.

Did you know our district nominated the Foothill Lions for "The Top CA Club" award at the recent state MD4 convention?

Though we didn't win, kudos go out to Lion Sheri and her officers, just for being nominated. What an honor!

One of the highlights of our Lions Convention is the Food Fair on Friday evening. The theme for this year's Food Fair is "Puttin' On The Ritz".

I encourage everyone to come up for an enjoyable Friday evening "shindig". Come early and stay late.

Saturday afternoon, after lunch, we will be rooting for all the Top Student Speakers at the District level contest.

Let's continue to make Foothill Lions recognizable! Hear us roar!

Lion John Newlin

Student Speaker Winner

Our club level Student Speaker Contest was held on February 6th. The Topic was "Homelessness in California: What is the Solution?" Although we only had one participant, Miss Kiara Rose Bracy of Loma Rica, she did something quite remarkable. She had memorized the entire speech! This is not something we normally see at the club level. Speakers are allowed to have a copy of the speech for reference. Even at the Zone level, they may have a 3 x 5 card with notes. Having her speech memorized will give her an advantage, as she will be able to spend her time focusing on mastering delivery as she moves on to the next level. The Zone and Region competitions will be in March and will also be held at the Lions Club hall in Loma Rica.

We wish Kiara, a Marysville High School student, much luck at the upcoming competitions and her future endeavors as she pursues a career in the medical field, more specifically as a psychiatrist or a neurologist. Congratulations and good luck Kiara!



February Crab Feed

Well folks, 2 down and 1 to go. Another Crab Feed in the books and another success, decorations were Valentines theme and I think we had a lot of sweethearts in attendance. Another huge "thank you" to all the workers and especially new members, Lions Julia, Joe, and Victor jumped in to help without hesitation. March has been sold out for weeks also, people just love our feeds. My only sad note is that 4Hers, Linzee and Emily will be heading off to college in the fall and we will miss them and their work ethics terribly. Thanks again for all of you and your efforts. Lion Susie



“Insulin Belongs to the World, Not Me”



Dr. Frederick Banting

Prior to the discovery of insulin in 1921, it was unusual for a child diagnosed with type 1 diabetes to live more than 1 or maybe two years. The discovery of insulin remains to be one of the top medical milestones of the 20th century. Insulin was discovered by Dr. Frederick Banting and his team of Dr. Best and Dr. JJR McLeod at the University of Toronto Canada.

One of the major breakthroughs the team had was when they removed a pancreas from a dog. The dog went into a diabetic coma resulting from high blood sugar. Dr. Banting injected secretion from the pancreas and later the dog awoke from the coma. That secretion was named insulin.

January 1922, Leonard Thompson, a 14 year old diabetic who was in diabetic ketoacidosis and who was near death, was the first human to be treated with insulin with great success.

The book, “The discovery of Insulin” by Michael Bliss chronicles the amazing research of Dr. Banting and his team.

Dr. Banting intended insulin to be distributed **free** when he discovered it in 1921. When he sold his patent for \$1, Banting famously said, “Insulin belongs to the world, not to me.”

For several years after 1921, insulin manufactures did sell insulin at cost. For Seventy years, insulin prices virtually remained the same, at times, not even increasing with inflation.

In 1996, prices of insulin started to double and triple. The price for one vial of Eli Lilly's Humalog surged from \$35 in 2001 to \$234 in 2015. From 2013 to this year, Novo Nordisk's Novolog jumped from \$289 to \$540 and Sanofi's Lantus from \$244 to \$431.

Because of the recent rapid escalation of insulin pricing, Congressional members of the subcommittee on oversight and investigations held hearings Spring 2019 regarding the recent unreasonable price increases of insulin. .

Soon after that hearing, H.R. 4906; The Insulin Price Reduction Act was introduced to Congress. The bill has been moved to the Ways and Means Committee and the Energy and Commerce committee. The bill has been sitting there since October 2019.

www.lionsdiabetes.org

www.californialions.org

*** Thank you, President Newlin, for sharing this important article from CA Lions!**

Call to Action...

You are encouraged to contact your representatives and voice your opinion. Why?

Because YOU make it matter!

Senator Dianne Feinstein

United States Senate
331 Hart Senate Office Building
Washington, D.C. 20510

Phone: (202) 224-3841

<https://www.feinstein.senate.gov/public/>

Senator Kamala Harris

United States Senate
112 Hart Senate Office Building
Washington, D.C. 20510

(202) 224-3553

<https://www.harris.senate.gov/>

Congressman John Garamendi

2368 Rayburn HOB
Washington, DC 20515

(202) 225-1880

<https://garamendi.house.gov/>

Abdul



Translated, Abdul means "a Faithful Servant." He was a black Labrador re-

triever who spent his entire adult life as the arms and legs, as well as friend and companion of Kerry Knaus, a paraplegic. His 14 dog years had more good works crammed into them than most people perform in a lifetime. Abdul was the pioneer...the proof that dogs could be trained to work with and provide independence to disabled people. Bonita Bergin, founder of Canine Companions for Independence, said, "Abdul was a shining example of capability and caring, intelligence and ability. He is still the model for which we strive."

Lion Sally Carter Receives Abdul Award

The Abdul Award plaque was presented to Lion Sally Carter, in recognition of her faithful service, by Lion Cindi Fitzgerald, Area One LPCCI Director. This award is presented to individuals who have performed outstanding service.



Our own Lion Sally is the epitome of "faithful servant." Like the diamond that she is, her service is multifaceted. She has served many roles in the club and at the district level. She exudes positivity and is always willing to lend a helping hand and mentor fellow Lions.

Lion Sally also has a soft spot in her heart for animals, and has been quite involved with LPCCI activities.

Lion Sally is an inspiration and a true example of Lionism. Congratulations, Sally!

CHANGE OF MEETING HOURS LOMA RICA FOOTHILL LIONS CLUB

At the general meeting on February 20, 2020, the membership voted to change our meeting hours from 7:00 pm to 6:00 pm. Notification of the vote was made to the general membership in the February monthly newsletter. The vote at the meeting was 25 "yes" and 1 "no"; therefore, the motion passed.

The change in hours will be effective April 1, 2020. The meetings will start at 6:00 pm with our dinner being served at an earlier time. The bar will continue to open at 5:00 pm.







If you have any questions, please contact President John Newlin.

Submitted by Lion Sally, Secretary

Loma Rica Foothill Lions Club

March 2020

Sun Mon Tue Wed Thu Fri Sat

1	2 (Lissa)	3 (Al)	4 (Rhonda)	5 General Mtg 7 pm (Sheri)	6 (Billy M)	7
8	9  Taco Monday (Kenn)	10 Zone Student Speaker Contest (Susie)	11 ()	12 (Chris)	13 (Al)	14  Crab Feed ()
15	16  Taco Monday (Lissa)	17  (Rhonda)	18 ()	19 General Mtg 7 pm ()	20 ()	21
22	23  Taco Monday (Kenn)	24 Region Student Speaker Contest (Rhonda)	25 ()	26 Board Mtg 6 pm ()	27 (Al)	28
29	30  Taco Monday (Lissa)	31 (Susie)				

**FOOTHILL LIONS CLUB
FOOTHILL COMMUNITY CENTER
5667 FRUITLAND ROAD
LOMA RICA, CA 95901**

PLACE
STAMP
HERE

. IN THE NEXT ISSUE...

♦ Love



Contact Us!

Give us a call for more information about

- *community projects*
- *functions*
- *hall rentals and*
- *membership application*



FOOTHILL LIONS CLUB

P. O. Box 8297

5667 Fruitland Road

Loma Rica, CA 95901

(530)742-5466

Visit us on the web at www.foothill-lions.net