District 4-C1
South Butte Region
North Zone

#### Loma Rica Foothill Lions Club





**LION'S ROAR Bulletin** 

**Editor: Lion Laurie High** 

**April 2019 Publication** 

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OUR MOTTO:
WE SERVE!

#### St Paddy's Day!

St. Patrick's Day was celebrated at the Loma Rica Foothill Lions club bar and patio on March 17<sup>th</sup> with a corned



beef/cabbage meal along with roasted potatoes and vegetables. Attendees enjoyed green beer and other beverages along with snacks of chips, and dip provided by members. This event was open to the community members who enjoyed fellowship with their neighbors. Participants enjoyed watching the NASCAR Cup Series as well.

Many Thanks to Lion Debbie Burlingame and Lion Al Beeson and their team for organizing this non-smoking event and preparing this fabulous meal!



Meetings are held on the 1st and 3rd Thursday of the month at 7 P.M.

Loma Rica Foothill Lions Club
Foothill Community Center
5667 Fruitland Road
Marysville, CA 95901
(530)742-5466 (LION)

if nothing ever changed, there would be no butterflies.



#### **2018-2019 Officers**

#### **President**

Lion Sheri Vess (743-4084) 5215 Daphne Way

Marysville, CA 95901

#### <u>1st VP</u>

Lion John Newlin (301-5692)

#### 2nd VP

Lion Mary Burnett (692-1030)

#### 3rd VP

Open

#### <u>Secretary</u>

Lion Sally Carter (743-5311) 12286 Scott Grant Road Marysville, CA 95901

#### **Treasurer**

Lion Kim Hall (923-5805)

#### <u>I.P.P.</u>

Lion Linda Saala (679-2105)

#### Tail Twister

Lion Bill High (701-7588)

#### <u>Lion Tamer</u>

Lion Sierra Kanawyer (990-0105)

#### **Membership**

Lion Jim DeGraff (304-7715)

#### Club Manager

Lion Gertie Moore (749-9809)

#### Bar Manager

Lion Kim Hall (923-5805)

#### **1st Year Directors**

Lion Susie Trundy (742-3041) Lion Joni Patterson (742-3265)

#### **2nd Year Directors**

Lion Gerry Farrell (692-1507) Lion Laurie High (701-7589)

#### LOMA RICA FOOTHILL LIONS CLUB

### NOMINATION OF CANDIDATES 2019-2020 BOARD OF OFFICERS

PRESIDENT – JOHN NEWLIN

1ST VICE – MARY BURNETT

2ND VICE – BILL HIGH

3RD VICE – PAUL HALCOMB

SECRETARY – SALLY CARTER

TREASURER – KIM HALL

CLUB MANAGER – GERTIE MOORE BAR MANAGER – AL BEESON

MEMBERSHIP CHAIRMAN – MIKE REINOSO

LION TAMER – LULU JACOBSEN

TAIL TWISTER – SUSIE TRUNDY

1ST YEAR DIRECTOR (2)

**GERRY FARRELL** 

LAURIE HIGH

2<sup>ND</sup> YEAR DIRECTOR (2)

CINDI FITZGERALD

KAREN PAPILLON

**JANET MINCER** 

VOTING – GENERAL MEETING APRIL 4. 2019



#### 50-50 Winners

Congratulations to Lion Gerry Farrell and Lion Rhonda Flores, winners of the 50-50 drawing for the month of March!

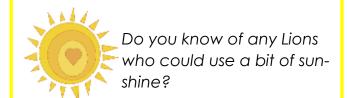


#### April 2019 Lion Birthdays



- Marilyn Jo Alverson
- Lissa Brown
- Mary Burnett
- Rodger Cox
- Irene Dani
- Jane McGrath
- Mike Saala
- Hall Stocker
- Marilyn Woods

Please join us for your Birthday dinner celebration to be held the during the first General Meeting of each month. Birthday dinners for the Birthday Lions will be FREE!



Join me in sending positive thoughts and prayers to Lion John Stevens who is seriously ill. He is resting at home, and his wife, Lynette is home with him. Please limit calls.

Please do not hesitate to reach out to our <u>Sunshine Chairman, Lion Diana</u>
<u>Wheeler</u> at 741-1502. She'd love to hear from you!

#### Welcome Lion Donald!

Lion Donald Lee was inducted into the Loma Rica Foothill Lions club in March. The induction ceremony was conducted by Lion Sheri Vess. Lion Donald's sponsor, Lion Mike Fitzgerald and Membership Chairperson, Lion John Newlin presented our new Lion with his vest, pin and membership material. We're glad you're here, Lion Donald!



President Sheri welcomes Lion Donald Lee





#### Editor's Message

Lion Laurie High

With the upcoming election of new board members approaching, I am reminded of the lessons of the geese. Some important take-aways regarding change and adaptation are highlighted in the passage to the right.

It seems that when changes occur, whether they be in leadership roles or impending policy, people react differently. Stress, denial, anger, resentment, loss, bargaining, depression and frustration - - these are all stages or emotions that are common with change process. And...each and every one of these feelings is valid.

One of Covey's Habits of Highly Effective People states "Seek first to understand then to be understood." The point is that understanding other peoples perspectives and feelings helps to builds relationships and leads to positive outcomes.

All people have fundamental needs that must be met. Regardless of policy change outcome, there will be important and thoughtful accommodations that will need to be considered to ensure that all members needs are met.

Loma Rica Lions are strong. They have the fortitude to overcome adversity and stand together... just like the geese.

There's my ROAR! Now, let me hear yours!

Contact information...

Email: lauriehigh37@gmail.com

Cell Phone: 701-7589

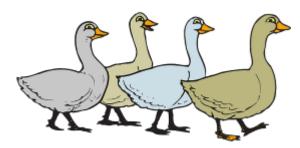
#### Lessons from The Geese

We can learn a lot about virtues from animals. Here is a wonderful illustration of the virtue of unity from geese. Next autumn, when you see geese heading south for the winter, flying in their familiar "V" formation, you might be interested in knowing why they fly that way. Science has learned that, as each bird flaps its wings, it creates an uplift for the bird immediately behind it. By flying in a "V" formation, the flock together gains over 70% more flying range than if each bird flew on its own. Like the geese, people who share a common direction and a sense of community can get where they are going quicker and easier, because they are traveling on the thrust of one another.

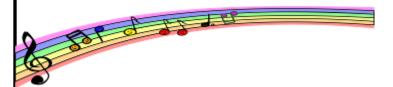
Whenever one goose falls out of formation, it suddenly feels the drag and resistance of trying to go it alone. It will quickly try to get back into formation to take advantage of the lifting power of the birds in front. If we have as much sense as a goose, we will stay in formation with those who are headed the same way we are going.

When the lead goose gets tired, it rotates back in the wing, and another goose takes over the point position. It is important to take turns doing hard jobs! The geese from behind honk constantly, as you've no doubt heard whenever a flock passes overhead. They do this to encourage those up front to keep up their speed. An encouraging word goes a long way!

Finally, when a goose gets sick and falls out of the formation, two geese follow it down to stay with it and protect it They then launch out again, on their own or with another formation to catch up with the group. If we have the sense of a goose we will stand by each other.



Lessons from the Geese, was written in 1972 by Dr. Robert McNeish of Baltimore. Dr. McNeish, for many years a science teacher before he became involved in school administration, had been intrigued with observing geese for years and first wrote the piece for a sermon he delivered in his church.



#### "Smoking in the Boys Room"

I couldn't resist that title, wish I had musical notes and a treble cleft to accent!

But let's get serious, the issue is smoking in the bar. President Sheri is putting the question to a vote so that the majority of members can make the decision.

Around May 1, every member in good standing will receive a ballot in the mail and a stamped envelope.

Smoking members have a valid point. Every member of this club to date has joined knowing this is a smoking bar. (Used to be smoking in the dining room also but a compromise was to allow smoking only in the bar.)

Nonsmokers also have valid points. They are the majority of members these days and are tired of the stink of the aftermath of attending club meetings and functions, (hair, clothes etc.) Also, we have a number of members who have health problems and the smoke is physically harming.

The legal issue has also been discussed. One member brought in written law that forbids smoking. Another member investigated and found that since we are a private club and have no paid employees (only volunteers) to work, we are legal.

Is there another compromise to be made? No smoking on meeting nights or when food is served? Bar tenders discretion? Is vaping allowed as there is no smell? Will we allow marijuana to be the smoke of choice as it is the preferred smoke of California? Will smokers quit the club? Will nonsmokers quit the club?

As a smoker and a nonsmoker I see both sides. As a smoker there is nothing like booze and smokes! They go together like steak and lobster to a "foodie"! (Oh no, my other addiction!) As a nonsmoker I found liquor to be just as delicious without smokes, and you can have just as much fun with your friends! As a smoker, sometimes it is just fun to light up in front of a hater just to irritate them! As a nonsmoker, every time the government passes a law, or, the discussion of not smoking in the bar, just makes me want to light up! Yes, I am a butthead sometimes!

As a member of the Foothill Lions Club I will always be on the side of whatever makes our club stronger. We are the beacon of light in the Foothills. As members we choose to work our tails off, and we have a good time because we are working with our friends. That should not change, no matter what goes up in smoke!

Submitted by IPP Lion Linda Saala



#### Loma Rica Strong for Camp Fire Victims



On Wednesday, March 20th, the Loma Rica Foothill Lions Club was well represented at the Adopt-a-Family Event held in Chico at The Silver Dollar Fairgrounds. Eleven members strong, Lions John, Bill, Tammie, Cindi, Darlene, Stan, Ralph, Kenn, Sheri, Vera, and Gerry caravanned to the event. There, they distributed donated food to Camp-Fire victims and assisted them in transporting the donations to their cars. Paradise Host Lions were also present and supported the vision screening process for the Camp Fire Victims. There were also generous donations by Ariat, Levi, Trader Joes, and various foodbanks. Recipients were very appreciative of the support.



#### **Lion Bob Winchester**

Friends and family gathered to remember and share stories about Lion Bob at his memorial on April 5th. The club provided ham and members brought side dishes. Lion Bob Winchester will surely be missed by all.

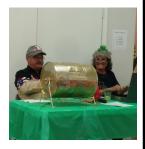




#### **March Crab Feed**

Our third and final crab feed of the season was another supreme success! The profit for the event was \$5,510.55.

Chairperson, Lion Susie sends "extreme and emotional thanks" to all!







#### MINUTES - BOARD MEETING - MARCH 28, 2019



The meeting was called to order at 6:01 pm by President Sheri. Introductions were made to guests requesting support for the Veteran's Resource Center housed at Yuba College. Their event will be held on Saturday, April 6, 2019. A donation of \$250 was granted to assist this organization. There will be raffle prizes and auctions for various items. Lion Bill made the motion to assist the organization and Lion Mary 2<sup>nd</sup> the motion – vote – MSP.

A new prospective member, Mr. James Pharris attended the board meeting as the final requirement for membership. Membership Chairman Lion Jim DeGraff assisted Mr. Pharris with the orientation video. The induction date will be finalized later. The board voted on his application with no objections. Mr. Pharris was asked why he wanted to join the Lions Club and replied he had lived up here most of his life and felt he wanted to become a member to help in our service activities.

Treasurer Kim was absent due to illness, but she had completed the financials and gave them to Secretary Sally to hand out. A motion was made to accept the financials with the option to revisit the report for clarification on some of the items at the next meeting.

#### **UNFINISHED BUSINESS:**

The smoking policy was discussed at length. Secretary Sally read the section in the by-laws regarding change of policy rules. President Sheri selected 5 members of the board to come up with the policy and have it ready for review in time for the policy to be published in the bulletin. There will be further discussion after the committee meets and develops the policy to be mailed out.

President Sheri selected the delegates for voting on amendments at the District 4-C1 convention. We are entitled to 9 delegates. Secretary Sally will mail out the information as required.

President Sheri gave a review of the Food Faire booth at the convention. The type of costumes was discussed. The whole event sounds like a great time. The food we will present was discussed.

Lion Joni was authorized \$500 for expenses for the Easter Party to be held on Saturday, April 20, 2019. More information will be given at the next general meeting.

President Sheri reminded the board that elections will be held at the general meeting on April 4<sup>th</sup> and the voting for Lion of the Year 2019 will be held on that date as well.

Lion Sally submitted a letter to nominate Ms. Shayla Sullivan of Browns Valley for the District 4-C1 Citizen of the Year 2019. Copies of the letter were distributed to the board. President Sheri asked Lion Sally to send the nomination for consideration by the District Award committee.

(continued on next page)

#### MINUTES CONTINUED BOARD MEETING – MARCH 28, 2019



#### **NEW BUSINESS:**

Lion Susie requested the Club Manager have the front door locking device repaired. The door does not always lock properly. Motion was made by Lion Bill to have the door repaired  $-2^{nd}$  by Lion Mary. Lion Gertie will call the repairman.

Lion Cindi advised the board that she had purchased new flags for the club at a cost of \$333. Motion was made to reimburse Lion Cindi for the expenditure.

Lion Susie reported that some of people utilizing the main hall facilities are causing damage to the walls, tables and chairs. Lion Jim, 4-H leader said he would talk to the 4-H members. It was noted that we did not know who was causing the damage and all persons should show more respect for our facility.

A motion was made to donate \$300 to the KAST FOR KIDS project. President Sheri stated that all members could volunteer to help and that it is a very rewarding experience to see the happiness on the faces of the children who get to go fishing! Most of the attendees are challenged in some way and don't usually get a chance to go fishing.

A letter for a donation for Camp Horizon at Camp McCumber to be held in July 2019 was discussed. No decision was made – tabled.

Motion was made by Lion Bill to adjourn the meeting 2<sup>nd</sup> by Lion Mary – Meeting adjourned at 7:15 pm.

#### Memorial Day Veteran's Appreciation BBQ

Please mark your calendars for Memorial Day Veteran's Appreciation BBQ Monday May 27th. The event starts promptly at noon. Veteran's Eat FREE; other's \$8.00 per plate. Beale Air Force will present the colors. FFA will be in uniform to assist. It's going to be another fantastic event!!!



If you have any questions, contact Cindi Fitzgerald, event chairman.

# April 2019

Sun Mon Tue Wed Thu Fri Sat

The Treasurer's	1	2	3	4	5	6
Report will be available in the		Yoga	Zumba	Yoga		
bulletin next		Line Dancing		General Mtg		
month.	Bar Open	Bar Open 🌄	Bar Open	Bar Open	Bar Open	
7 - 200	1	(Susie)	(Bill)	(Janet)	(Billy)	
7	8	9	10	11	12	13
		Yoga	Zumba	Yoga	4.64	
		Line Dancing??	(29)		4-C1 Convention	
	Bar Open	Bar Open	Bar Open	Bar Open	Bar Open	
	(Kenn)	(Rhonda)	(Peggy)	(Jean Marie)	(Al)	
14	15	16	17	18	19	20
Convention		Yoga	Zumba	Yoga		Easter Party
Convention		Line Dancing	<b>P</b>	General Mtg		11:00
	Bar Open	Bar Open	Bar Open	Bar Open	Bar Open	00
	(Chris?)	(Susie)	(Bill)	(Opie)	(???)	
21	22	23	24	25	26	27
		Yoga	Zumba	Yoga		
		Grange Mtg		Board Mtg		
	Bar Open	Bar Open	Bar Open	Bar Open	Bar Open	
	(Kenn)	(Rhonda)	(Peggy)	(Jean Marie)	(Al)	
28	29	30	Notice:			
		Yoga Line Dancing	Bar schedule is unofficial, therefore it			
	Bar Open	Bar Open	is tentative and subject to change.			
	(???)	(???)				

## FOOTHILL LIONS CLUB FOOTHILL COMMUNITY CENTER 5667 FRUITLAND ROAD LOMA RICA, CA 95901

#### . IN THE NEXT ISSUE...

- Easter Party
- ♦ Mother's Day Brunch
- ♦ Memorial Day BBQ
- ♦ 4-C1 Convention

#### Drink Special!

Bartender Susie will be serving a "special" drink on Tuesday, February 2 .....

Lemon Drop Martinis for \$3.00, so come on down!



Lemon Drop Martini

#### Contact Us!

Give us a call for more information about

- community projects
- functions
- hall rentals and
- membership application



FOOTHILL LIONS CLUB

5667 Fruitland Road

Loma Rica, CA 95901

(530)742-5466

Visit us on the web at www.foothill-lions.net